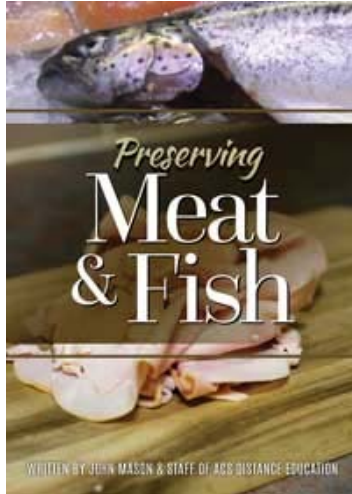




Press Release

16 June 2015



Preserving Meat and Fish ebook

ISBN: 978-0-9942948-3-8

We are excited to announce that we have a new ebook out called "Preserving Meat and Fish".

The Preserving Meat and Fish ebook is a guide for everything that you need to know about preserving your own meat and fish. Save money and ensure that you are eating high quality food by preserving it yourself. Preserving meat and fish is a great way to ensure you save abundant seasonal food for use another time. Make your own delicious salami and prosciutto.

The ebook covers the follow subject areas: Curing Meats, Drying Meats, Smoking, Canning, Freezing, Vacuum Packaging and Business and Work Opportunities.

Here's a short extract from the ebook:

Meat will spoil as microbial activity begins decomposing the tissue. Some microbes can be dangerous to human health, while others are simply going to destroy the meat. All microbes need a certain level of water in the meat to function, therefore the chief way of preserving meat is to reduce the level of water to a point where microbial activity is inconsequential.

Meat can be preserved lots of different ways:

- Curing - adding salt, sugar, nitrite and/or nitrate
- Drying - can be done rapidly in low heat ovens, or slow dried
- Smoking - gives the meat the smoky flavour characteristically
- Freezing - can be done with raw or cooked meat or fish
- Canning or bottling - canned ham, canned fish
- Vacuum Sealing - used with both fresh and preserved meat and fish
- Combinations of the above.

This ebook is now available for purchase for \$29.95 including GST from our online bookshop and there is also a free sample available here:

<http://www.acsbookshop.com/product-preserving-meat-and-fish-pdf-ebook-5971.aspx>

If you would like a review copy of this ebook, please contact sarah@acs.edu.au.

If you have any queries or would like to arrange an interview or a review copy of this eBook, please call or email the ACS head office on the Gold Coast on (07) 5562 1088 and ask for our Media and Marketing Officers (admin@acs.edu.au).

About ACS Distance Education ... Established in 1979, ACS Distance Education is a leading Australian Distance Education provider offering over 600 courses via correspondence, online or on CDs. The Institution has offices in Australia and the United Kingdom and has Affiliates in Australia, Philippines, Singapore, UK, New Zealand, France and Ireland. ACS has educated thousands of students, many of whom have gone onto successful employment, both in industry or in their own businesses.